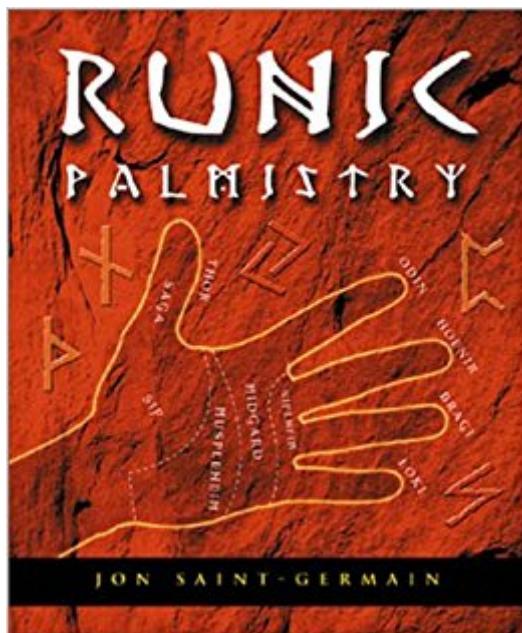


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# Runic Palmistry



## Synopsis

Think about the many different things you do with your hands each day: eating, writing, gesturing, caressing a loved one. Now take a close look at your hand. Is your palm round or square? The shape reveals your instinctive reactions to life. Square hands are generally "thinkers," while round hands are more likely to be "feelers." Are your fingers short and plump or long and thin? Your fingers reveal how you approach the world around you. The hand is the visible agent of the brainâ •an extension of the mindâ •and through our hands we manipulate the world around us. Our hands reflect our moods and thoughts. Over time, through habitual mannerisms and gestures, our unique personalities are recorded on our hands. Runic Palmistry describes a system of palm reading handed down orally through the women of four generations of the author's family. In this system, lines of the palm are called "branches" and the mounts of the palm are named after Norse deities. This unique book will show you how to: â ¢ Find runic symbols within the palm and discover how to tell which ones are active at any given time in a person's life. â ¢ Combine palm reading with a runecast to provide a complete picture of someone's past, present, and future. â ¢ Discover the meanings of the 24 runic symbols, how to construct your own set of runes, and how to handle them to respect their energies. Those new to palmistry will find that Runic Palmistry provides a complete and detailed system for accurate readings. Experienced palmists will discover valuable new insights into the way symbols work in the hand. In the following excerpt, author Jon St. Germain describes how he developed Runic Palmistry based on his family's unique traditions. Knowing that the techniques and traditions I had learned had been passed down in my family for generations, I became very curious about the origins of our unusual palmistry system. I remembered the stories my grandmother told about the Norse gods and heroes. Where had she learned them?

Unfortunately, Grandma had passed away years before and couldn't answer my questions. All I knew for sure was that my family possessed a hitherto unknown method of reading palms based on ancient Norse divination techniques. The origins of this system appeared to be lost in the mists of time. Since I couldn't find any reference to the Norse Palmistry system anywhere else, I decided to take the scraps of information and record them, before they were lost forever. When runestones (an ancient Norse method of divination) became available to the public I began incorporating runecats into Norse palmistry readings. The two seemed to go hand in hand, so I gave a set of runestones to my Aunt Eliza for her 96th birthday. She seemed delighted with her new toys and immediately threw herself into studying them. A few months later I received a letter from Aunt Eliza containing many pages of notes and drawings. She had discovered the Runic symbols could be found in the palm of the hand itself. This breakthrough, the most important component of Runic palmistry, came as a

natural evolution of the family tradition! The last piece had fallen into place. Thanks to Aunt Eliza's observation, I've seen that almost everyone has Runes hidden in their hands.

## **Book Information**

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## **Customer Reviews**

Jon Saint-Germain (Indiana) is a professional palm reader who grew up in a family of psychic readers. He appears at corporate events, on the radio, and elsewhere. His extensive knowledge of magick and the occult led him to become a consultant for The Learning Channel. He is the author of Palmistry 101 and Runic Palmistry. Saint-Germain's interest in palm reading began when he was just six years old. Having learned the ancient art from his mother and grandmother, he soon realized that his family's palm reading techniques were far different from traditional methods. He set out on a quest to find the origins of their palm reading system, and what he found was a mystery-it had been passed down to them generations ago by a Scandinavian friend of the family. But who this person was remains unclear even today, despite the digging he and his family have done.

1 An Introduction to Palmistry I'd trust a good palmist over a barrelful of politicians any day . . . - Alain "Doc" DeLyle There's little wonder that palmistry has such a wide appeal. Humans have always been fascinated with hands and what could be learned by studying them. Palmistry goes back so many thousands of years nobody knows who the first palmists were. The oldest surviving document devoted to palmistry was found in India and appears to be about 3,500 years old. However, we suspect that the art is even older than this. After all, some of the earliest cave

paintings were of the artist's own hands! Palmistry isn't strictly a psychic ability like clairvoyance or seeing auras. It's really a form of character analysis based on certain features found in the hand. Anyone can learn to read palms after a fashion, but it helps if you're naturally empathic and intuitive. After studying a few thousand hands, the ability becomes ingrained into the subconscious and you stop reading hands and begin to read people. The best palm readers go beyond the hand of the subject and into their soul. Think of the hand as the gateway into the personality. The **Visible Part of the Brain** The basic theory of palmistry teaches that the brain and the hand are closely connected. The hand is the visible agent of the brain—an extension of the mind—and through our hands we manipulate the world around us. Our hands reflect our moods and thoughts. When we are angry, we will express this emotion through the hands with clenched fists or a jabbing forefinger. When we're happy or depressed, we hold our hands differently. Over time, these habitual mannerisms and gestures of our unique personalities are recorded on our hands. This is a concept so natural that even most skeptics will agree there must be something to it. **Which Hand to Read?** You will hear this question almost every time you begin a reading. To do a thorough job you should look at both hands. However for a quick reading you will want to see the dominant hand. On a right-handed person, the left hand is considered the hand of past influences and the right hand represents present circumstances. When we are born, both hands are pretty much the same. As we mature, the dominant hand changes faster, acting as the agent of our thoughts and desires. We write, eat, defend ourselves, and caress our loved ones with this hand. Consequently, as we react to the world, the dominant hand records these changes. The passive hand evolves too, but at a much slower rate. This is why palmists say the right hand represents the present and the left hand reveals the past. Some schools consider the left hand the repository of past-life information and karmic issues, but this concept is beyond the scope of this book. **Different Strokes for Different Folks** Different types of people have different types of hands. Obviously there is going to be a difference between the hand of an artist and the hand of a teamster. However, the differences in our hands can be even subtler. It's possible to make a distinction between the hand of a "thinker" and that of a "feeler." The hand of a natural-born counselor will show both thinking and feeling traits, while the hand of a scientist will show the qualities of logic and concentration. The techniques of palmistry are meant to give you an overall picture of the person for whom you are reading. Everyone is unique, and a good palmist must tailor the information to match the person. It's important to make your reading fit your client, not the other way around. Never generalize! **Nothing Is Insignificant** In palmistry, every detail of the hand has meaning. We consider the relationships between the fingers, the lines on the hands, the skin ridge patterns (dermatoglyphics—an art in itself), the temperature and

ruddiness of the skin, and even the hair pattern and skin texture. Some palmists believe that there are no such things as accidents and even scars and injuries to the hand may have special meanings. Science has recently taken a serious look into hand analysis and a number of medical conditions can be detected through the study of the hands and nails. I personally do not diagnose medical conditions and neither should you unless you happen to have medical training. Practice, Practice, Practice! If you aspire to exercise your skills on others, be sure to take your time and learn your craft well. Practice on yourself first before starting on your friends' hands. Be careful and considerate. Do not trespass into areas where you're not qualified. Remember that it is not a reader's business to give financial, legal, or medical advice. We're concerned with spiritual and psychological matters and to step beyond these boundaries is illegal and unethical. Make the commitment from the outset to be a good and ethical reader, and always remember to be tactful.

As in any form of psychic reading or divination, you must approach the subject with serious intent. Do not perform palmistry as a psychic magick trick or do it because you like being the "class mystic." Whenever you're giving a reading you are literally holding that person's life in your hands. You have the potential to do great good-but also great harm. Never forget this.

**How to Begin A logical procedure is important.** In runic palmistry, all aspects of the hand will be considered and it's easy for even an experienced reader to get lost. Therefore, it's important to have a logical sequence to follow or you'll probably overlook something important. The first thing I suggest you notice is the shape of the hand. This provides a clue to the person's instinctive reactions to life. For example, round hands tend to be feelers and creators; square hands are thinkers and planners, and so on. Don't worry about trying to remember this right now. I'll go into more detail in chapter 3.

**Go from General to Specific Details** After determining the shape of the hand, you're ready to move on to the fingers. Fingers reveal how people manipulate the world around them. Each finger has a different meaning, which we'll examine in more detail in chapters 4 and 5. Next you will begin to interpret the branches and mounts in the hands. This will allow you to fine-tune the reading to razor-point accuracy. We'll look at this closely in chapters 6 and 7. And finally, you'll locate the palm runes and interpret them. This exciting procedure will be touched on in the second half of this book, along with two simple methods of runecasts. You are about to embark on a wonderful journey of self-discovery. I hope you'll find the trip as fascinating as I have. Have fun!

**Cattle die, kindred die**  
**Every man is mortal. But the good name never perishes** Of one who has done well. -- The Poetic Edda

Having been fortunate enough to see an advance copy of the work "Runic Palmistry" by reknowned

master palmist Jon Saint-Germain, I can honestly say that I am tremendously impressed. Mr. St. Germain's style is extremely easy to read and shares an absolute wealth of information. He has an easy going humorous style of writing that is simply fun to read. His manner shows that he doesn't take himself too seriously, it's much like chatting with a familiar old friend. But don't let that fool you, friend, he does demonstrate a gift for the working of the palmist's craft in his in depth understanding of the art. He goes into great detail, without becoming dry or a Doctoral thesis length tome. He classifies and qualifies while telling some of the most amusing tales of his findings. And he even goes into great detail about the creation, care and proving of your own set of working runes. Finally he shares some truly inspired readings of actual clients using the system at the end. I must admit that I was at first skeptical of the blending of Cheiromancy (palmistry) and the reading of Runes but after an evenings study and reflection I discovered that they did indeed go "hand in hand" as it were. This system is quite easy to first see, then understand and finally put into practice. I began using it in my practice and have actually had sitters(clients) tell me that they were more impressed with the "NEW" style I had begun using. Get this book. It will be an investment (a very small one at the ... cover price) in a bold new way of looking at an ancient art form. It's like meeting an old friend...for the first time.

This is an excellent book and got me hooked on this fascinating subject. I always considered palmistry a bit of "smoking mirror" trickery, but was convinced otherwise. The text is easy to read, easy to understand and well written, which kept me interested. Unlike other books on subjects of magick and divination, etc. that were either too technical or dull, this one allows to stay focused and fascinated. I highly recommend this book for anyone who is interested in palmistry and the runes.

I have a large library of palmistry books, and seldom buy a new one nowadays, as most of them are rehashes of older books. Consequently, I was delighted and surprised to discover "Runic Palmistry", which looks at the subject in a completely different way. The author writes well, and includes some delightful anecdotes to help illustrate the different points he wishes to make. The book is a joy to read, and easy to learn from. It's exactly as if Mr St. Germain was sitting down with you talking about runic palmistry. I found it fascinating, informative, and unputdownable. The author will not remember me, but many years ago he read my palm. Afterwards I told him he should write a book as he was so incredibly accurate in everything he told me. I am thrilled that he has finally done it. If you are even remotely interested in palmistry, or want to learn about a little-known system that is incredibly insightful, you need this book. I will be referring to this book often, along with the classic

texts of William Benham, Fred Gettings, Ron Martin and Richard Webster.

...verbally from teacher to student. I first learned to read palms from my grandmother based on a Russian Gypsy tradition. Some traditions are lucky enough to make it into print. This book helped expand my knowledge base immensely. It was also an adventure comparing notes between Jon's learning and my own. This book is very well written and clearly understandable without all the techno-babble found in a lot of others. Clearly a book within grasp of the average reader. Jon's method of blending the two disciplines of Runes and Palmistry is fascinating as well as informative. There are those nay sayers that say it can't or shouldn't be done. But remember, until it was proven and accepted, there were those that swore the world was flat. My world is round, how's yours? A great book, a great read, a great author.

From "The Path Review" Runic Palmistry by Jon Saint-Germain If you have a serious interest in palmistry, that most charming way of giving a person a reading, this is a book you should read. Jon learned the art at his grandmother's knee. Between his Nordic background and with his grandmother's help, he learned this ancient method of reading palms. You won't find this in any of the pop books on palmistry. He shares his knowledge with you in a book that is not only easy to understand, but a fascinating history. The many illustrations make everything clear. I have Runic Palmistry next to my collection of Richard Webster's and Ron Martin's books on palmistry, and that is very good company. Highly recommended. Carl Herron of The Path Review

If you are very much into Palm Analysis you will find this very nice addition to your skills set. As a professional I am very much pleased. You will also enjoy.

I finished Runic Palmistry yesterday and it is excellent. The book is exceptionally well written and St Germain's writing style is a pleasure to read. When reading the book, I felt like he was sitting at my dining room table talking to me over coffee. The book will hold the interest of anyone who is interested in new age/intuitive topics. It explains a handed down from generation to generation art of interpreting what the palm reveals in an entirely refreshing way. And now the knowledge of this age old art is available to all. This book is for sincere people who are interested in learning age old wisdom. My heartiest endorsement!

What a delightful book! While I am hardly an expert in palmistry I found the system designed by

Saint - Germain to be fascinating, easy to understand and effective. I have only recently started reading texts dealing with the subject of palmistry as a whole and Runic Palmistry certainly stands out for its uniqueness and the wonderful way it is written. Saint - Germain is a very talented writer who knows how to give entertainment, education and value all in one book.

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